



## Under 18s Policy

### 1. Introduction

In order to provide our younger riders with a progression path, Stirling Bike Club (SBC) recognises the need for a participation policy for young people taking part in club-organised activities beyond the “children only” Wallace Warriors coaching sessions. This document sets out our Policy Guidelines on how young persons can take part in Stirling Bike Club “open age” or “all age” events, providing advice for them, their parents and the adult volunteers helping.

In compiling this, the Club has used guidelines issued by British Cycling and Active Stirling. The Scottish Cycling Child Protection Policy Document can be viewed by following this link:

[http://www.britishcycling.org.uk/membership/article/bcst\\_Safeguarding-Children](http://www.britishcycling.org.uk/membership/article/bcst_Safeguarding-Children)

This policy & advice is particularly aimed at events such as club road runs, club confined time trials, track cycling and off-road rides.

#### **Explanatory Notes :**

- a) “Parent” is used as a generic term to represent parents, carers and guardians.
- b) “Event Organiser” - where events are organised and/or insured through Scottish Cycling (SC) / British Cycling (BC), the Organiser will follow SC/BC requirements based on the type of event (e.g. road race, closed circuit race, TT race, cyclocross race). This includes the club confined TT series, which is insured through SC. For events which are not organized and/or insured through SC or BC, the Organiser will be required to follow the contents of the SBC U18 Policy with particular regard to Parental Consent for the child.

### 2. Participation By Young Persons In Club Cycling events

The following is a checklist for all young persons under the age of 18 intending to take part in Club Cycling events organised by Stirling Bike Club:



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1. The parent/guardian must make appropriate transport arrangements to and from the event as Stirling Bike Club's Duty of Care applies only to the event itself.
2. If you have passed your 16<sup>th</sup> birthday but are under 18 you must inform the ride leader at the start of every activity that you take part in. You must bring your club membership card and show it to the ride leader / event organiser - **No card, no ride.**
3. If you are under 16, you must either
  8. be accompanied by a parent or
  9. be accompanied by a responsible adult delegated and arranged by the parent to take parental responsibility during the ride.

The young person will not be able to take part in the ride/event if there is no parent or responsible adult accompanying the young person.

4. All under 16 year olds must provide the ride leader/event organiser with a consent form signed by the young person's parent indicating that they are happy for the young person to attend the ride/event - **No consent form, no ride.**
5. The ride leader/event organiser cannot act as responsible adult for the child.
6. In the case of group rides, the young person must remain with the whole group for the duration of the ride, unless there are exceptional circumstances such as injury or illness, in which case at least two people from the group need to remain with the young person to ensure they are safe.
7. No adult should ever be left alone with a young person.
8. If, in the opinion of the ride leader/event organiser, there is any reason for the young person not being able to participate, that judgement will be final and not contestable. The reasons will be made known to the young person and parent. Examples of situations could include:
  - . Insufficient adult volunteers
  - . Unsatisfactory behaviour
  - . Difficulty level of activity judged to be too high for the young person.



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### 3. Recommendations For Ride Leaders, Event Organisers & Volunteers

Where possible in Club Cycling events, the club should encourage young persons to participate with a parent. Volunteers organising activities which have regular child participation, even if accompanied by parents, are highly recommended to complete the Child Protection Course.

The following are recommendations for good practice:-

1. Stirling Bike Club's parents / helpers and event organisers of activities involving young people:
  - Will be encouraged to be part of the Disclosure Scotland PVG Scheme which SBC will arrange through Scottish Cycling.
  - Are strongly encouraged to attend child protection awareness training (for example Active Stirling's "Safeguarding & Protecting Children").
  - Ride leaders and event organisers should make themselves aware of all under 18 year olds participating in the activity.
2. Within the group undertaking the activity there should be a person trained in first aid, of whom the ride leader/ event organiser will be aware.

### Version History

Version	Date	Reason for Issue
Initial	June 2017	Initial version adopted by Club.
2	September 2019	Revised version adopted by Club
3.0	05.04.2022	Approved by committee following review & update April 2022.
3.1	06.03.2023	Parental Consent form which allows U16s to join Senior group rides added to appendix.



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### Consent Form / Medical Information – to be completed by all U16 year old riders

Parts A & B of this form must be filled in and signed (by parents where appropriate) for each ride and both parts given to the ride leader/event organiser. **No form, no ride.**

#### Part A

Child's Name.....

Date of Birth.....

I understand all activities are covered by Public Liability Insurance but that there is no insurance for personal accident.

Parent's signature.....Date.....

Parent's signature.....Date.....

Parent's signature.....Date.....

#### Part B

Name .....

Address.....

Date of Birth.....

Next Of Kin Contact .....

#### Emergency Telephone Numbers

Landline .....

Mobile 1 ..... Mobile 2 .....

#### Medical Conditions that the club needs to be aware of

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